

# What's Your Eco-Footprint?

### At a Glance:

Ever wonder about your Ecological Footprint? Thanks to the Global Footprint Network, you can take a quiz to find out. This fun, step-by-step calculator helps you determine different ecological imprints you are making on this Earth and explore solutions on how you can live more sustainably.

### You Will Learn:

- 1) Awareness of how your current lifestyle impacts on the planet.
- 2) What contributes to calculating an ecological footprint.
- 3) How to decrease your ecological footprint and what to do next.

# **Background:**

The Ecological Footprint is a tool to measure our lifestyle impacts on the Earth's resources. Every day we make personal life choices that can positively or negatively affect our planet. This tool considers a wider variety of activities, from food preferences to travel to energy usage, and more.

At LCSWMA, we strive to reduce our own organization's ecological footprint and help our community to do the same. We produce renewable energy to power our buildings and community; we reduce the amount of trash that ends up in a landfill by using Waste-to-Energy; we promote proper recycling measures; and we help build public recreation areas that preserve and enhance green spaces.



# What's Your Eco-Footprint? (Continued)

## **Instructions:**

- 1. Visit https://www.footprintcalculator.org/
- 2. Follow the step-by-step directions and personalize your data.
- 3. View your ecological footprint results.
- 4. Share with us on social media how you will reduce your eco-footprint!

### **To Think About:**

- 1. What aspects in your life will be the hardest to change or improve?
- 2. What aspects in your life will be the easiest to change or improve?
- 3. How can you get your family and/or friends involved?

### Feedback:

We would love to hear your feedback! Please help us improve this activity by taking a short, one minute survey (<u>click here</u>).

#### **Learn More:**

Passionate about data? Explore the <u>Global Footprint Network's Ecological Footprint Explorer</u> open data platform to explore footprint data from around the world.